

# LGBTQ Training Series: Transgender Foundations



**Instructors:** *Dylan Colt*

## *Instructor Information:*

Dylan Colt is a Senior Peer Support Specialist and the Communications Specialist for RUHS-BH Consumer Affairs program.

## *Course Description:*

This workshop introduces transgender concepts across social, cultural, legal, and political contexts. It brings a lived-experience perspective that will address appropriate language use, gender identity, sexual orientation, body image, and how to create affirming, safe spaces. This workshop will also challenge participants to explore their own implicit biases, assumptions, and how those may affect the services, we provide.

***Date:* June 11, 2024 & June 12, 2024**

***\*\*must attend both dates\*\****

***Time:* 8:30am – 12:00pm**

***Location:* 2085 Rustin Ave. Riverside 92507**

**RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**

**Continuing Education Credits:** This course this course does not offer continuing education units/credits/hours.

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**Transgender Foundations**  
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**Instructor Information:** Dylan Colt is a Senior Peer Support Specialist and the Communications Specialist for Consumer Affairs. He has been an activist in the LGBTQ+ community since the mid-1980s. He is currently working with several community groups as well as RUHS to bring greater understanding about LGB, and specifically transgender and Gender Non-Binary issues. Dylan has served on panel presentations for PFLAG and for the County prior to joining the county as an employee. He is an active member of the department's LGBTQ+ task force and other committees that meet to discuss LGBTQ+ challenges, barriers and solutions for service.

**Audience:** RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, associate-level and support staff providing client care in the public behavioral health system.

Level of presentation: Introductory –this is a new topic for audience

**Seat #:** 40

**Location:** 2085 Rustin Ave. Riverside

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen business days (14) prior to the course date.

**Educational Goals:**

1. Participants will gain a better understanding of transgender concepts across social, cultural, legal, and political contexts.
2. Participants will be encouraged to explore their own implicit biases and the impacts of service delivery.

**Learning Objectives:**

1. Participants will be able to verbalize the difference between gender identity and sexual orientation.
2. Participants will accurately describe the concept of gender expression and gender performativity.
3. Participants will be able to explain how gender identity and sex assigned at birth do not always match.

## Course outline:

### DAY 1

Time	Topic/Content
8:30am	Pre-training poll
8:30am-9:00am	Gender Identity
9:00am-9:30am	Gender Performativity and/or Gender Expression
9:30am-10:30am	Gender Identify Disorder vs. Gender Incongruence
10:30am-11:30am	Sexual Orientation & Relationship Preferences
11:30am-11:45am	Resources
11:45am-12:00pm	ELMR MH Admission Supplemental form

### DAY 2 –

Time	Topic/Content
8:30am-9:30am	Culture in community and social forms
9:30am-10:30am	History of the Transgender movement
10:30am-11:00am	Awareness of trends
11:00am -12:00pm	Panel with Q&A
12:00pm	Post-training poll

**Requesting Continuing Education:** This course does not offer continuing education units/credits/hours.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008)